

Symptoms Log

Patient:																																
Enter date here→																																
Symptom	Enter the degree of discomfort (1-10)																															
pain																																
fatigue																																
fever																																
headache																																
neck pain																																
swollen glands																																
palpitations																																
shortness of breath																																
night sweats																																
abdominal pain																																
diarrhea																																
skin rash																																
back ache																																
knee pain																																
joint pain																																
muscle pain																																
dizziness																																
brain fog																																
muscle jerking																																
numbness																																
depression																																
insomnia																																
anxiety																																
menstrual irregularities																																
other																																
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